KIN 100 Development Activities credit: 1 TO 2 hours.
Skills and knowledge essential for leisure-time activities which are classified as developmental activities. Prerequisites and descriptions for each developmental activity are provided in the Class Schedule. More than one activity (Sections A through Z) may be taken in the same term. Additional fees may apply. See Class Schedule. May be repeated to a maximum of 2 hours.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>33208</td>
<td>Laboratory</td>
<td>A1</td>
<td>08:00 AM - 08:50 AM</td>
<td>MW</td>
<td>1048 - Campus Recreation Center East</td>
<td></td>
</tr>
<tr>
<td>33293</td>
<td>Laboratory</td>
<td>A2</td>
<td>08:00 AM - 08:50 AM</td>
<td>TR</td>
<td>1048 - Campus Recreation Center East</td>
<td></td>
</tr>
<tr>
<td>33310</td>
<td>Laboratory</td>
<td>A3</td>
<td>01:00 PM - 01:50 PM</td>
<td>TR</td>
<td>1048 - Campus Recreation Center East</td>
<td></td>
</tr>
<tr>
<td>35098</td>
<td>Laboratory</td>
<td>C10</td>
<td>03:00 PM - 03:50 PM</td>
<td>MW</td>
<td>38B - FAR - Food Service Building</td>
<td></td>
</tr>
<tr>
<td>35103</td>
<td>Laboratory</td>
<td>C11</td>
<td>06:00 PM - 06:50 PM</td>
<td>MW</td>
<td>38B - FAR - Food Service Building</td>
<td></td>
</tr>
</tbody>
</table>
Weight Training I
Skills and knowledge essential for use of weights for conditioning the body. May be repeated once for credit if taken in successive terms. For University Residence Hall students only through August 17th. Restricted to University Residence Halls students.

KIN 101  **Dance Activities**  credit: 1 hours.
Skills and knowledge essential for leisure-time activities which are classified as dance activities. May be repeated; more than one activity (Sections A through Z) may be taken in the same term. Prerequisite: See Class Schedule for prerequisites for each dance activity.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>31819</td>
<td>Laboratory</td>
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<td>04:00 PM - 04:50 PM</td>
<td>TR</td>
<td>19 - FAR - Food Service Building</td>
<td></td>
</tr>
</tbody>
</table>

Aerobics I
For University Residence Hall Students only until August 17th.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>31823</td>
<td>Laboratory</td>
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<td>04:00 PM - 04:50 PM</td>
<td>MW</td>
<td>19 - FAR - Food Service Building</td>
<td></td>
</tr>
</tbody>
</table>

Aerobics I
For University Residence Hall students only through August 17th.

KIN 102  **Individual and Dual Activities**  credit: 1 hours.
Skills and knowledge essential for leisure-time activities which are classified as individual and dual activities. Prerequisites for each individual or dual activity are provided in the Class Schedule. More than one activity (Sections A through Z) may be taken in the same term. Additional fees may apply. See Class Schedule.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>35039</td>
<td>Laboratory</td>
<td>E1</td>
<td>02:00 PM - 02:50 PM</td>
<td>MW</td>
<td>60 - Illini Union</td>
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</tr>
</tbody>
</table>

Bowling
Introductory skills and understanding essential for bowling. Meets full term.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>35056</td>
<td>Laboratory</td>
<td>E2</td>
<td>03:00 PM - 04:20 PM</td>
<td>MW</td>
<td>60 - Illini Union</td>
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</tr>
</tbody>
</table>

Bowling
Introductory skills and understanding essential for bowling.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>35065</td>
<td>Laboratory</td>
<td>E3</td>
<td>03:00 PM - 04:20 PM</td>
<td>MW</td>
<td>60 - Illini Union</td>
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</table>

Bowling
Introductory skills and understanding essential for bowling.

KIN 103  **Indoor Court Activities**  credit: 1 hours.
Skills and knowledge essential for leisure-time activities which are classified as indoor court activities. Prerequisites for each indoor court activity are provided in the Class Schedule. More than one activity (Sections A through Z) may be taken in the same term.
Badminton
Introductory skills, knowledge, and conditioning essential for badminton. Students provide own racquet and birds.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
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<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<td>30483</td>
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<td>MW</td>
<td>GYM3 - Activities &amp; Recreation Center</td>
<td></td>
</tr>
</tbody>
</table>

Badminton
Introductory skills, knowledge, and conditioning essential for badminton. Students provide own racquet and birds.

KIN 104  **Skating Activities**  credit: 1 hours.
Skills and knowledge essential for leisure-time activities which are classified as skating activities. Prerequisites for each skating activity are provided in the Class Schedule. Additional Ice Skating Rink Facility charges are required and provided in the Class Schedule. More than one activity (Sections A through Z) may be taken in the same term. Additional fees may apply. See Class Schedule.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>33212</td>
<td>Laboratory</td>
<td>A1</td>
<td>09:00 AM - 09:50 AM</td>
<td>MWF</td>
<td>111 - Ice Arena</td>
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</table>

**Ice Skating**
Introductory skills, knowledge, and conditioning essential for figure skating. Ice skates and helmets provided on request.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<td>MWF</td>
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</table>

**Ice Skating**
Introductory skills, knowledge, and conditioning essential for figure skating. Ice skates and helmets provided on request.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>33291</td>
<td>Laboratory</td>
<td>A11</td>
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<td>TR</td>
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</table>

**Ice Skating**
Introductory skills, knowledge, and conditioning essential for figure skating. Ice skates and helmets provided on request.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>51809</td>
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<td>01:00 PM - 02:20 PM</td>
<td>TR</td>
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**Ice Skating**
Ice Skating I. Introductory skills, knowledge, and conditioning essential for figure skating. Ice skates and helmets provided on request.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
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<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
<td>58989</td>
<td>Laboratory</td>
<td>A13</td>
<td>02:30 PM - 03:50 PM</td>
<td>TR</td>
<td>111 - Ice Arena</td>
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<tr>
<td>Course Code</td>
<td>Type</td>
<td>Section</td>
<td>Time</td>
<td>Days</td>
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<tr>
<td>33299</td>
<td>Laboratory</td>
<td>A2</td>
<td>10:00 AM - 10:50 AM</td>
<td>MWF</td>
<td>111 - Ice Arena</td>
<td></td>
</tr>
<tr>
<td>33312</td>
<td>Laboratory</td>
<td>A3</td>
<td>01:00 PM - 01:50 PM</td>
<td>MWF</td>
<td>111 - Ice Arena</td>
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<tr>
<td>33314</td>
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<td>A4</td>
<td>02:00 PM - 02:50 PM</td>
<td>MWF</td>
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<tr>
<td>33315</td>
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<td>33334</td>
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<td>A6</td>
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<tr>
<td>58990</td>
<td>Laboratory</td>
<td>A7</td>
<td>02:30 PM - 03:50 PM</td>
<td>TR</td>
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<tr>
<td>33336</td>
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<td>09:30 AM - 10:50 AM</td>
<td>MW</td>
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</tr>
<tr>
<td>33339</td>
<td>Laboratory</td>
<td>A9</td>
<td>01:00 PM - 01:50 PM</td>
<td>MWF</td>
<td>111 - Ice Arena</td>
<td></td>
</tr>
</tbody>
</table>
KIN 107  **Aquatic Sport Activities**  credit: 1 hours.
Skills and knowledge essential for leisure-time activities which are classified as aquatic sport activities. Prerequisites for each aquatic sport activity are provided in the Class Schedule. More than one activity (Sections A through Z) may be taken in the same term. Additional fees may apply. See Class Schedule.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>31831</td>
<td>Laboratory</td>
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<td>12:30 PM - 01:50 PM</td>
<td>MW</td>
<td>INDR POOL - Activities &amp; Recreation Center</td>
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</tbody>
</table>

Aqua Aerobics

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
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<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
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<td>MW</td>
<td>INDR POOL - Activities &amp; Recreation Center</td>
<td></td>
</tr>
</tbody>
</table>

Aqua Aerobics

KIN 109  **Team Sport Activities**  credit: 1 hours.
Skills and knowledge essential for leisure-time activities which are classified as team sport activities. Prerequisites for each team sport activity are provided in the Class Schedule. More than one activity (Sections A through Z) may be taken in the same term.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>31838</td>
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<td>TR</td>
<td>GYM2 - Activities &amp; Recreation Center</td>
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</tr>
</tbody>
</table>

Volleyball
Introductory skills, knowledge, and conditioning essential for power volleyball.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>31841</td>
<td>Laboratory</td>
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<td>10:00 AM - 10:50 AM</td>
<td>TR</td>
<td>1003 - Campus Recreation Center East</td>
<td></td>
</tr>
</tbody>
</table>

Basketball
Introductory skills, knowledge, and conditioning essential for basketball.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>31844</td>
<td>Laboratory</td>
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<td>11:00 AM - 11:50 AM</td>
<td>TR</td>
<td>1003 - Campus Recreation Center East</td>
<td></td>
</tr>
</tbody>
</table>

Basketball
Introductory skills, knowledge, and conditioning essential for basketball.

KIN 111  **Prescribed Exercise**  credit: 1 hours.
Prescribed exercises adapted to individual needs, capacities, and interests; open to persons with paraplegia, permanently disabled, and individuals with significant temporary disabilities who will require long term rehabilitation. Students must be registered or eligible to register with DRES. May be repeated to a maximum of 4 hours. Prerequisite: Enrollment restricted to students with permanent disabilities or disabilities which are long-term in nature. Student should be registered or eligible to register with DRES.
CRN  |  Type       | Section | Time                  | Days | Location       | Instructor   
---|-------------|---------|-----------------------|------|----------------|--------------
30485 | Laboratory  | A       | ARRANGED -            |      |                | Elliott, J   

Enrollment restricted to students with permanent disabilities or disabilities which are long term in nature. Student should be registered or eligible to register with DRES.

**KIN 122  Physical Activity and Health**  credit: 3 hours.
Provides the scientific evidence of physical activity in preventing disease and optimizing quality of life. Teaches behavioral change strategies to achieve an active lifestyle.

CRN  |  Type       | Section | Time                  | Days | Location             | Instructor   
---|-------------|---------|-----------------------|------|----------------------|--------------
30488 | Lecture     | A       | 11:00 AM - 11:50 AM   | MWF  | 150 - Animal Sciences Laboratory | Richards, A 

Credit Hours: 3 hours

71345 | Online     | ON      | ARRANGED -            |      |                     | Richards, A  


**KIN 125  Orientation KIN & Comm Health**  credit: 1 hours.
Serves as an introduction to the Kinesiology and Community Health Department and provides an overview of the Kinesiology and Community Health curricula, areas of study, and opportunities available for a career in the field. Enrollment required for Kinesiology freshmen and transfer students. Credit is not given for both KIN 125 and CHLH 125.

CRN  |  Type       | Section | Time                  | Days | Location         | Instructor   
---|-------------|---------|-----------------------|------|-----------------|--------------
30490 | Discussion/Recitation | A1     | 11:00 AM - 12:20 PM   | TR   | 2001 - Huff Hall | Meinert, C O'Neill, A 

Restricted for Kinesiology and Community Health majors.

**KIN 140  Social Sci of Human Movement**  credit: 3 hours.
Introduction to the social scientific aspects of human movement including sport; particular emphasis on concepts derived from the social sciences (including psychology) that are appropriate to human movement. Additional fees may apply. See Class Schedule.
This course satisfies the General Education Criteria for a: Social & Beh Sci - Soc Sci

CRN  |  Type       | Section | Time                  | Days | Location       | Instructor   
---|-------------|---------|-----------------------|------|----------------|--------------
31877 | Laboratory  | AB1     | 08:00 AM - 08:50 AM   | R    | 224 - Freer Hall |              

AHS Class Materials $200.00 Flat Fee.
KIN 142  **Contemporary Issues in Sport**  credit: 3 hours.
Examines current issues in sport relative to competition, economics, race, sex, youth, educational institutions, deviant behavior, religion, psychology, and the media.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>42812</td>
<td>Online</td>
<td>ON</td>
<td>ARRANGED -</td>
<td></td>
<td></td>
<td>Sydnor, S</td>
</tr>
</tbody>
</table>

Credit Hours: 3 hours
2ND EIGHT WEEKS: Registration for this course will close at 9 AM on the first day of instruction. No overrides will be given after that time. It takes 24 hours after registering for your name to show up on Compass but this will not happen until 1 week prior to the first day of instruction.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>68439</td>
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<td>ARRANGED -</td>
<td></td>
<td></td>
<td>Sydnor, S</td>
</tr>
</tbody>
</table>

Credit Hours: 3 hours
1ST EIGHT WEEKS: Registration for this course will close at 9 AM on the first day of instruction. No overrides will be given after that time. It takes 24 hours after registering for your name to show up on Compass but this will not happen until 1 week prior to the first day of instruction.

KIN 150  **Bioscience of Human Movement**  credit: 3 hours.
Integrates anatomical and physiological aspects of human movement; emphasizes how the body moves, physiological responses to exercise stress, physical conditioning and physical fitness. Additional fees may apply. See Class Schedule.
This course satisfies the General Education Criteria for a:
Nat Sci & Tech - Life Sciences course.

<table>
<thead>
<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>31979</td>
<td>Lecture</td>
<td>AL1</td>
<td>01:00 PM - 01:50 PM</td>
<td>MW</td>
<td>112 - Huff Hall</td>
<td>Boppart, M</td>
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Nat Sci & Tech - Life Sciences course. AHS Class Materials $200.00 Flat Fee.

<table>
<thead>
<tr>
<th>CRN</th>
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<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>31965</td>
<td>Laboratory-Discussion</td>
<td>AY1</td>
<td>08:00 AM - 09:50 AM</td>
<td>R</td>
<td>121A - Freer Hall</td>
<td></td>
</tr>
</tbody>
</table>

Nat Sci & Tech - Life Sciences course. AHS Class Materials $200.00 Flat Fee.

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<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>31967</td>
<td>Laboratory-Discussion</td>
<td>AY2</td>
<td>12:00 PM - 01:50 PM</td>
<td>R</td>
<td>121A - Freer Hall</td>
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</tr>
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</table>

Nat Sci & Tech - Life Sciences course. AHS Class Materials $200.00 Flat Fee.

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<tr>
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<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>31970</td>
<td>Laboratory-Discussion</td>
<td>AY3</td>
<td>02:00 PM - 03:50 PM</td>
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<td>121A - Freer Hall</td>
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Nat Sci & Tech - Life Sciences course. AHS Class Materials $200.00 Flat Fee.

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<th>Days</th>
<th>Location</th>
<th>Instructor</th>
</tr>
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<tbody>
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Nat Sci & Tech - Life Sciences course. AHS Class Materials $200.00 Flat Fee.

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<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tr>
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<td>121A - Freer Hall</td>
<td></td>
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</tbody>
</table>

Nat Sci & Tech - Life Sciences course. AHS Class Materials $200.00 Flat Fee.

**KIN 160  Introduction to Kinesiology  credit: 3 hours.**

Kinesiology is the interdisciplinary study of physical activity that includes a number of sub-disciplines. This course will examine these areas of study within Kinesiology from scientific, applied, and experiential perspectives. Students will study fundamental/introductory concepts associated with each area of Kinesiology, explore those concepts within research and applied contexts, and complete activities in which they experience various dimensions of those concepts.

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<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
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<td>Richards, A</td>
</tr>
</tbody>
</table>

**KIN 199 Undergraduate Open Seminar  credit: 0 TO 5 hours.**

Additional fees may apply. See Class Schedule. Approved for letter and S/U grading. May be repeated.
Baby Boomers: This course focuses on addressing how age-related changes in physical and cognitive function together with environmental factors are expected to lead to challenges to existing health care systems and explore the opportunities for new technologies or policies to address health-related challenges. Classes will consist of a mixture of background material on topics in a lecture/open discussion format, and group-based activities related to public health.

Disability in Popular Culture. This course is designed to explore how mass media and popular culture shapes perceptions of persons living with disabilities. Media and popular culture such as books, movies, television, magazines, and newspapers often serve an important source of knowledge and insight about important human issues. Media has the power to perpetuate both accurate and distortions which reinforce imagery and ideas about people living with disabilities. This course will examine how perceptions created by the media are absorbed and accepted by the mainstream public and inform how individuals with disabilities are often viewed and treated.

KIN 201 Physical Activity Research Methods  credit: 3 hours.
This course provides an introduction of physical activity measurement and methods. The course will focus on (a) defining physical activity and associated terms and concepts; (b) providing detailed understanding of approaches and tools for measuring physical activity; and (c) facilitating understanding of scientific methods for physical activity research (e.g., experimental and non-experimental designs).
detailed understanding of approaches and tools for measuring physical activity; and (c) facilitating understanding of scientific methods for physical activity research (e.g., experimental and non-experimental designs).

KIN 230  **Diversity in Recreation, Sport, and Tourism**  credit: 3 hours.
Same as HDFS 263 and RST 230. See RST 230.
This course satisfies the General Education Criteria for a:
Cultural Studies - US Minority

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</table>

Cultural Studies - US Minority course.

KIN 247  **Intro to Sport Psychology**  credit: 3 hours.
Analysis of the competitive sport process, with study of how personality and situational variables affect motivation, anxiety, and aggression in sport. Attention is given to the psychological skills needed by coaches and athletes for successful and enjoyable sports participation.

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Some seats have been reserved for Kinesiology majors through July 10.

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<td>59390</td>
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</table>

2ND EIGHT WEEKS: Registration for this course will close at 9 AM on the first day of instruction. No overrides will be given after that time. It takes 24 hours after registering for your name to show up on Compass but this will not happen until 1 week prior to the first day of instruction.

KIN 249  **Sport & Modern Society**  credit: 3 hours.
The sociological analysis of sport in modern societies with regard to social class, politics, community, education, and collective behavior.
This course satisfies the General Education Criteria for a:
Social & Beh Sci - Soc Sci

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</table>
KIN 259  Motor Development and Control  credit: 3 hours.
This course provides students with an overview of motor development across the life span as well as an introduction to the discipline of motor behavior/control. Specifically, it focuses on the concepts and principles of coordination, the control of movement, and development of skilled action throughout the life span. The course focuses on such topics as the development of fundamental movement activities; movement control processes; acquisition, retention and transfer skill; and the role of constraints to action. Same as HDFS 259. Additional fees may apply. See Class Schedule. Credit is not given for both KIN 259 and KIN 257.
This course satisfies the General Education Criteria for a:
Social & Beh Sci - Beh Sci

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Social & Beh Sci - Beh Sci course.
AHS Class Materials $200.00 Flat Fee.

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Social & Beh Sci - Beh Sci course.
AHS Class Materials $200.00 Flat Fee.

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Social & Beh Sci - Beh Sci course.
AHS Class Materials $200.00 Flat Fee.

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Social & Beh Sci - Beh Sci course.
AHS Class Materials $200.00 Flat Fee.

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Social & Beh Sci - Beh Sci course.
Some seats are held for Kinesiology majors until July 10.

KIN 260  Teaching Activities I  credit: 3 hours.
An activity-based course focusing on skills, knowledge, and teaching progressions related to territorial and net sports for school age students. Students will develop knowledge of the basic skills and teaching progressions related to the activities covered in the class. Prerequisite: KIN 130.

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<th>Instructor</th>
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</table>

2ND EIGHT WEEKS: Registration for this course will close at 9 AM on the first day of instruction. No overrides will be given after that time. It takes 24 hours after registering for your name to show up on Compass but this will not happen until 1 week prior to the first day of instruction.
KIN 262  **Motor Develop, Growth & Form**  credit: 3 hours.
Examination of the concepts of motor development, physical growth, and body form throughout the lifespan. Major emphasis is on the period of birth through adolescence. Same as HDFS 262.
This course satisfies the General Education Criteria for a:
Social & Beh Sci - Beh Sci

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Social & Beh Sci - Beh Sci course.

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Social & Beh Sci - Beh Sci course.
Some seats have been reserved for Kinesiology, Special Education and iHealth majors through July 10.

KIN 268  **Children's Movement**  credit: 3 hours.
Introduction and overview of kinesiology principles and physical activity related to children. Laboratory portion of class focuses on the application of information to teaching physical activity to elementary school children. Prerequisite: For non-kinesiology majors.

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<th>Time</th>
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<td>31938</td>
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</table>

Seats have been reserved for the College of Education through July 10. After July 10 all remaining seats will be open to all interested students.

KIN 340  **Soc & Psych of Phys Activity**  credit: 3 hours.
Discusses how social and psychological processes and constraints affect human action in physical activity environments. Attention is given to socialization, personal dynamics, stratification, and ideological and economic constraints upon the manifestations of physical activity. Prerequisite: KIN 140 or PSYC 100 and completion of the Campus Composition I general education requirement.
This course satisfies the General Education Criteria for a:
Advanced Composition course. Advanced Composition course. Seats are reserved for Kinesiology majors through July 10.

Advanced Composition course. Advanced Composition course.

Advanced Composition course. Advanced Composition course.

Advanced Composition course. Advanced Composition course.

Advanced Composition course. Advanced Composition course.

Advanced Composition course. Camp Honors/Chanc Schol, and Advanced Composition course. Soci & Psych of Phys Activity For Chancellor’s Scholars; others may enroll with consent of instructor and Director of the Campus Honors Program. There is no lab section associated with this section. Restricted to Chancellor’s Scholar-CHPHonors students.

KIN 352 Bioenergetics of Movement credit: 3 hours.
Study of the nature of energy transfer during physical activity; mechanisms of metabolic control, force production, cardiorespiratory support and adaptation relative to physical activity. Additional fees may apply. See Class Schedule.
KIN 355  **Biomechanics of Human Movement**  credit: 3 hours.
Studies the biological and mechanical principles of human motor performance; analyzes selected movement skills in depth. Additional fees may apply. See Class Schedule.

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Restricted to Kinesiology Majors until July 10.

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<th>CRN</th>
<th>Type</th>
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<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
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AHS Class Materials $200.00 Flat Fee.

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<th>Time</th>
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<th>Location</th>
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AHS Class Materials $200.00 Flat Fee.

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<th>Days</th>
<th>Location</th>
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AHS Class Materials $200.00 Flat Fee.

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</tbody>
</table>

AHS Class Materials $200.00 Flat Fee.

KIN 360  **Adapted Physical Education**  credit: 3 hours.
Organization, administration, and conduct of physical education programs for the most prevalent types of medical conditions found in school settings; emphasis on analyzing motoric needs and prescribing programs of motor activity for special populations, including
individuals with mental retardation and learning disabilities. Prerequisite: Junior standing or above and enrollment in the Teacher Certification program or consent of instructor.

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Restricted to Kinesiology major(s).

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</table>

Restricted to Kinesiology major(s).

KIN 361  **Curriculum in Grades K-6**  credit: 3 hours.
Examines the theoretical and philosophic curricular principles necessary to the development of a sound, professionally grounded, and research-based curriculum for children in grades K-6. Requires planning a variety of developmentally appropriate learning activities that are taught to children during micro-teaching experiences in the field. Prerequisite: Junior standing or above and enrollment in the Teacher Certification program or consent of the instructor.

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<td>130 - Freer Hall</td>
<td>Richards, K</td>
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</table>

Restricted to Kinesiology major(s).

KIN 364  **Exper in the Common School**  credit: 3 hours.
Supervised practice in observing, assisting, and teaching children in elementary, junior high school, and senior high school. Emphasis is on understanding motor behavior, teacher-learner behavior, and interrelatedness with other aspects of the learning environment. May be repeated to a maximum of 6 hours. Prerequisite: Junior standing or above and enrollment in the Teacher Certification program or consent of the instructor.

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</table>

Additional hours will be arranged for this course.

KIN 369  **Coaching Strategies**  credit: 3 hours.
Examination of philosophy, ethics, strategies, motivational techniques, performance analysis, program organization, contest administration, and equipment and facility management related to coaching.

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</table>

KIN 375  **Comm Partners & Health**  credit: 3 hours.
Same as AHS 375 and SHS 375. See SHS 375.
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<td>430 - Armory</td>
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</table>

**KIN 385  Exper in Kinesiology Research**  credit: 3 hours.
Supervised laboratory experiences in kinesiology research; individual work under the supervision of members of the faculty in their respective fields. The student assists with data collection, processing, and analysis for research in progress. May be repeated to a maximum of 12 hours. Prerequisite: Consent of instructor.

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</table>

**KIN 386  Exercise Instruction & Elderly**  credit: 3 hours.
This course is designed to offer practical experience opportunities to undergraduate Kinesiology students aspiring to work in applied exercise fields with a diverse aged population. It will entail extensive "on the job" training through the Lifetime Fitness Program, an older adult service program of the Department of Kinesiology. Additionally, students will gain training in current program management practices. May be repeated to a maximum of 6 hours. Prerequisite: KIN 352 or consent of instructor is required. A current CPR is required at the beginning of the term and certification must remain current.

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<tr>
<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
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<td>ARRANGED</td>
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</table>

Please contact either the Kinesiology advisors or Dr. Ken Wilund for details to the correct CRN to register for this course.

**KIN 387  Exper in the Agency Setting**  credit: 3 hours.
Supervised practical experience in leadership roles in nonschool agency settings; emphasis on observing, planning, and conducting physical activity programs for children and/or adults in preschool, recreation, or other social agencies. May be repeated for a maximum of 6 hours.

<table>
<thead>
<tr>
<th>CRN</th>
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<th>Time</th>
<th>Days</th>
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<tr>
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</table>

Students are expected to complete 60 hours of lab experience during the semester. Labs do not meet until after the first lecture. Preference is given to Kinesiology majors with a junior or senior standing.
Once section A is completed, you may then register for section B. Credit will not be given if you repeat the same section.

Advisor Approval Required
Students are expected to complete 90 hours of lab experience during the semester. Labs do not meet until after the first lecture. Preference is given to Kinesiology majors with a junior or senior standing.

Advisor Approval Required
You may only register for section B if you have already completed section A. Credit will not be given if section A has not been completed first.

KIN 390  **Honors**  credit: 2 hours.
Course is restricted to James Scholars pursuing the Civic Commitment and Leadership Tracks. Designed to support completion of the James Scholar honors project. Same as CHLH 390 and RST 390. May be repeated to a maximum of 6 hours. Prerequisite: James Scholar standing.

KIN 391  **Special Project-Problems**  credit: 2 OR 3 hours.
Special projects in research and independent investigation in any phase of health, kinesiology, physical education, and related areas selected by the students. May be repeated to a maximum of 6 hours. Prerequisite: Junior or senior standing; grade-point average of 2.5; consent of instructor.

KIN 393  **Honors Thesis**  credit: 3 hours.
Planning, researching and writing of an honors thesis, under supervision of a faculty member, on a problem of appropriate scope and character. Paper will be presented at a suitable meeting and/or seminar. May be repeated to a maximum of 6 hours. Prerequisite: Senior standing when enrolling; minimum grade point average (total, University and Kinesiology prefix courses) of 3.25; a minimum of one full year (2 semesters) remaining at the University of Illinois, Urbana-Champaign campus; and submission of a written proposal.

KIN 401  **Measure & Eval in Kinesiology**  credit: 3 OR 4 hours.
Examines the concepts of observation, measurement, and evaluation of human motor performance and functioning in physical activity contexts. 3 undergraduate hours. 4 graduate hours. Prerequisite: KIN 140 and KIN 150, or graduate standing, or consent of instructor.

This course satisfies the General Education Criteria for a:
Quantitative Reasoning II

<table>
<thead>
<tr>
<th>CRN</th>
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Credit Hours: 4 hours
Quantitative Reasoning II course.
Restricted to Graduate - Urbana-Champaign.

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Credit Hours: 3 hours
Quantitative Reasoning II course.
Restricted to Undergrad - Urbana-Champaign.

KIN 448  **Exercise & Health Psychology**  credit: 3 OR 4 hours.
Examines the psychological determinants and consequences of exercise and physical activity as a health promoting behavioral process. Same as CHLH 448. 3 undergraduate hours. 4 graduate hours. Prerequisite: Junior standing or above, or graduate standing, or consent of instructor.

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Credit Hours: 4 hours
Restricted to Graduate - Urbana-Champaign.

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Credit Hours: 3 hours
Restricted to Undergrad - Urbana-Champaign.

KIN 453  **Nutrition for Performance**  credit: 3 OR 4 hours.
Nutrition for performance is the fusion of two disciplines, nutrition and exercise physiology, which provides the knowledge-base to support and optimize training, performance, and recovery. This course will provide information regarding the use of nutrition to increase performance in athletes training for strength or endurance. Same as FSHN 453. 3 undergraduate hours. 4 graduate hours.

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Credit Hours: 4 hours
Restricted to Graduate - Urbana-Champaign.

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Credit Hours: 3 hours
Restricted to Undergrad - Urbana-Champaign.
KIN 457  Motor Learning & Control  credit: 0 TO 4 hours.
Discussion and analysis of scientific principles related to the learning and control of motor skills; review of related literature and research in motor learning and control. The focus of the course is on mechanisms for the control of movement and recent theories of how movements are acquired and performed. 3 undergraduate hours. 4 graduate hours. Prerequisite: KIN 257 or graduate standing or consent of instructor.

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Credit Hours: 4 hours
Restricted to Graduate - Urbana-Champaign.

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</table>

Credit Hours: 3 hours
Restricted to Undergrad - Urbana-Champaign.

KIN 460  Technology & Pedagogical KINES  credit: 3 OR 4 hours.
Promotes mastery of technology skills and complex computer applications through the analysis of research and critical issues related to technology in Kinesiology. The completion of technology modules, requiring problem solving and the collection and analysis of assessment data, will culminate in an interactive, multimedia project. 3 undergraduate hours. 4 graduate hours. Prerequisite: Junior standing.

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Credit Hours: 4 hours
Restricted to Graduate - Urbana-Champaign.

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<th>Instructor</th>
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Credit Hours: 3 hours
Restricted to Undergrad - Urbana-Champaign.

KIN 485  Clin Exper in Sports Medicine  credit: 2 TO 8 hours.
Clinical experiences in medical supervision of sports programs, in the areas of therapeutic exercises, fitness programming, and cardiac rehabilitation. 2 to 8 undergraduate hours. 2 to 8 graduate hours. May be repeated to a maximum of 8 hours. Prerequisite: Consent of instructor.

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<tr>
<th>CRN</th>
<th>Type</th>
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<th>Days</th>
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Instructor Approval Required.

KIN 494  Special Topics  credit: 1 TO 4 hours.
Lecture course on topics of current interest; specific topics announced in the Class Schedule. 1 to 4 undergraduate hours. 1 to 4 graduate hours. May be repeated.
<table>
<thead>
<tr>
<th>CRN</th>
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<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<td>TR</td>
<td>429 - Armory</td>
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</table>

Credit Hours: 4 hours  
Exercise for Clinical Populati  
Instructor Approval Required  
Restricted to Graduate - Urbana-Champaign.  
Graduate Section: This class will cover special considerations for exercise in populations with chronic diseases. We will cover evaluation and exercise program development. Student pairs will work with a community member with a chronic disease to develop and deliver an exercise program. The class will meet together for the first few weeks and then the remainder of the class will consist of delivering the exercise program with your client.

<table>
<thead>
<tr>
<th>CRN</th>
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<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<td>71977</td>
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<td>429 - Armory</td>
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</table>

Credit Hours: 3 hours  
Exercise for Clinical Populati  
Instructor Approval Required  
Restricted to Undergrad - Urbana-Champaign.  
Undergraduate Section: This class will cover special considerations for exercise in populations with chronic diseases. We will cover evaluation and exercise program development. Student pairs will work with a community member with a chronic disease to develop and deliver an exercise program. The class will meet together for the first few weeks and then the remainder of the class will consist of delivering the exercise program with your client.

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<td>Khan, N</td>
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Credit Hours: 4 hours  
Health Behavior & Obesity  
Restricted to Graduate - Urbana-Champaign.  
(Graduate Section) Health Behaviors and Obesity: This course aims to highlight the implications of lifestyle factors on obesity and metabolic risk across the lifespan. Specifically, the class will discuss habitual patterns in diet, physical activity, and sleep on body composition and fat distribution. Upon completion of the course students shall be able to integrate knowledge in multiple disciplines. In addition, students will be able to evaluate the quality of scientific evidence for topic areas covered in the class.

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<tr>
<th>CRN</th>
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Credit Hours: 3 hours  
Health Behavior & Obesity  
Restricted to Undergrad - Urbana-Champaign.  
(Undergraduate Section) Health Behaviors and Obesity: This course aims to highlight the implications of lifestyle factors on obesity and metabolic risk across the lifespan. Specifically, the class will discuss habitual patterns in diet, physical activity, and sleep on body composition and fat distribution. Upon completion of the course students shall be able to integrate knowledge in multiple disciplines. In addition, students will be able to evaluate the quality of scientific evidence for topic areas covered in the class.

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<tr>
<th>CRN</th>
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<tr>
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<td>TR</td>
<td>3005 - Huff Hall</td>
<td>Jan, Y</td>
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Credit Hours: 4 hours  
Rehabilitation Professions  
Restricted to Graduate - Urbana-Champaign.  
(Graduate Section) This course provides an overview of the field of rehabilitation sciences and rehabilitation professions, including physical therapy (PT), occupational therapy (OT), prosthetics and orthotics (P&O), and assistive technology (AT). This course has been designed for students who are interested in pursuing a rehabilitation career to explore various rehabilitation professions. A review of disability and rehabilitation processes will be covered. Students will be required to actively participate in discussions about how rehabilitation interventions (PT, OT, P&O, and AT) can help improve functional performance and quality of life in people with disabilities.
KIN 540  **Health Behavior: Theory**  credit: 4 hours.
Same as CHLH 540. See CHLH 540.

<table>
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<td>60766</td>
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<td>3005 - Huff Hall</td>
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Restricted to MPH students only.

KIN 543  **Physical Activity & Cognition**  credit: 4 hours.
Examines the relationship between physical activity and fitness on brain and cognition across the lifespan. The psychobiology of physical activity effects on cognition is emphasized. Other areas of study include aging, development, and psychosocial factors. Methodological issues as well as human and animal models of research will be studied.

<table>
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<th>CRN</th>
<th>Type</th>
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<td>Khan, N</td>
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</table>

Location - 314 Freer Hall
KIN 565  **Teaching in the Professoriate**  credit: 4 hours.
Provides scholarly knowledge and practical experience necessary for effectively assuming the roles of teaching, mentoring, and presenting in the professoriate. Students will team teach an undergraduate course with an assigned faculty mentor, give a scholarly research presentation, and attend a series of theoretically grounded lectures focusing on instructional design, learner characteristics, and successfully conveying information to others. Same as CHLH 565, RST 560, and SHS 565. Prerequisite: Must be a PhD student in the College of Applied Health Sciences.

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Credit Hours: 4 hours

KIN 590  **Independent Study**  credit: 2 OR 4 hours.
Independent research on special projects. May be repeated.

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KIN 591  **Seminar**  credit: 1 hours.
Lectures, discussions, and critiques on kinesiology and community health related subjects by faculty members and visiting professional leaders; presentation and criticism of student research. Approved for S/U grading only. May be repeated in subsequent terms as topics vary.

<table>
<thead>
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<th>CRN</th>
<th>Type</th>
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Credit Hours: 1 hours

KIN 599  **Thesis Research**  credit: 0 TO 16 hours.
Preparation of theses in kinesiology. Approved for S/U grading only. May be repeated.

<table>
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