Grand Challenge Learning

GCL 185  **Health, Wellness, and the Black Experience**  credit: 3 hours.
Exploration of issues relating to health in African American communities such as environment, lifestyle, chronic disease, intervention, research, policy, social justice and cultural experience. Includes experiential learning projects as part of the Grand Challenge Learning Initiative.

This course is intended for first and second year students.

This course satisfies the General Education Criteria for a:
Social & Beh Sci - Soc Sci
Cultural Studies - US Minority

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<th>CRN</th>
<th>Type</th>
<th>Section</th>
<th>Time</th>
<th>Days</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>67765</td>
<td>Lecture-Discussion</td>
<td>A</td>
<td>10:00 AM - 10:50 AM</td>
<td>MWF</td>
<td>9 - FAR - Food Service Building</td>
<td>Smith, S</td>
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Grand Challenge-Health/Well, Social & Beh Sci - Soc Sci, and Cultural Studies - US Minority course. Restricted to University Residence Halls students. Restricted to students with Freshman or Sophomore class standing. This course will provide a framework for understanding health status across the lifespan, social and environmental challenges, chronic diseases, and lifestyle behaviors, as well as intervention, research and policy implications for health-related issues and disparities that plague the African American community. Students will learn how to integrate and situate these complexities in a broader systemic framework and understand how this population exhibits resiliency in the face of these adversities through readings, videos, guest lectures, and community-based activities.